

CMSA League - COVID-19 - Safety Guidelines
(Updated as of 3/22/21)

We are hopeful that with cooperation from all and compliance to the guidelines everyone will continue to remain safe and healthy. Please review below our guidelines

- #1 - We ask that all coaches/parents/guardians to do self-check of the players and of themselves prior coming to their game because if a player has a temperature over 100 degrees, they should not play. Temperature checks of coaches, players and team reps MUST be done onsite by each team. Each team will need to keep a log and forward it to their chairpersons.
- #2 - Each coach, player and spectator must always have a mask with them.
 - a. Masks must be worn by all coaches, players, spectators, and volunteers when walking from their car to the field.
 - b. Based on Governor Hogan's proclamation, any person that is not able to practice social distancing MUST always WEAR A MASK. If this procedure is not followed, the person will be asked to put on a mask or exit the facility.
 - c. Coaches must wear a mask during the game. Masks are not required for players and referees while on the field of play, but are recommended.
- #3 - Each player and parent/guardian should bring their own hand sanitizer with them.
- #4 - Teams will sit on opposite sides of the field.
- #5 - Players on the sidelines should be spaced out. No team benches and/or tents. Players should place their bags and water at a reasonable distance apart and return to their bag during breaks. Each player should remain at their bag until they return to the field or leave. If social distancing can not be practiced, the players must wear a mask.
- #6 - Goalkeepers must wear gloves
- #7 - Spectators will sit on their team's side of the field. Plus, all spectators are required to maintain their social distancing of 6 feet.
- #8 - At the end of each game – NO high fives or handshakes with your opponent and with the referee(s).
- #9 - After each game, avoid any type of gathering - all teams must return to their vehicles and remain socially distant.